

·☐ Friday, 3 to Sunday, 5

LAMA GANGCHEN RIMPOCHE

Chagwang Ngalso Reiki Initiation

Vajrapani Empowerment

Initiation: Making Peace with the 28 constellations

· Tuesday, 7 - full moon

19:30 **Guru Puja**

· Sunday, 19 - **Peace Walks**

Route: Huebro Mills (Níjar) - Fitness Trail

We will do the Ngalso practice "Making Peace with the Environment" along the way. Please confirm if you are coming. (Participation free - see "news" for more information.)

·☐ Tuesday, 21 - new moon

19:30 Guru Puja

·☐ Wednesday, 22 - **Losar** - Tibetan New Year

19:30 **Long-life Puja for Lama Gangchen Rimpoche, with offerings of candles, incense and flowers.**

(Tibetan New Year of 2139 - Water DRAGON)

The first fifteen days of the year are celebrated for the miracle that the Buddha performed each day to increase merits and the devotion of future disciples. Over this period, our merits are multiplied 100,000 times.

·☐ Sunday 26 - Retreat

9:00 **Practice of the Seven Medicine Buddhas**

11:00 to 18:00 **Commentary explanation and practice of the Guru Puja**