

- Thursday 1

18:30 Chagwang Ngalso Reiki - Workshop

Practice and exchange of experience.

Reiki treatments by appointment (donation 10€)

- Saturday, 3 - Daka Day

Mahayana Precepts

Guru Puja

- Thursday 8 - full moon, **Chotrol Duchen**

(On this day, the effects of both positive and negative actions are multiplied 10 million times).

19:30 Guru Puja

- Saturday, 17 - Dakini Day

Guru Puja

- Thursday, 22 - new moon

19:30 Guru Puja

- Sunday 25 - Retreat

9:00 to 19:00 - Chittamani Tara Retreat

Recitation of the 21 verses of Praise to Tara; recitation of mantras. Closed retreat.